Shiva Sankalpa Sukta

That far-going light of all lights that flies to distances in one's wakeful state, and even so, in one's sleep, may that my mind be filled with beautiful and benevolent thoughts.

[Lights: cognitive senses – seeing, hearing, smelling, tasting and touching. Light: mind, the coordinator of all the senses. Far-going: the mind wanders off to distant places.]

That mind, with the help of which wise people perform sacred deeds in sacrifices, and patient people enter in to the battlefield of life, that which is the unique, mysterious light hidden in the innermost recess of our heart, may that my mind be filled with beautiful and benevolent thoughts.

The mind which is consciousness in itself, which is awareness, that which is patience, and sustenance and memory, that which is the amritaajyotee, the deathless light, hidden in the hearts of all created beings, that without which no action can be performed, may that my mind be filled with beautiful and benevolent thoughts.

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Shiva Sankalpa Sukta

That deathless light by which is sustained all this past, present and future, that by which the sacrifice that has seven priests in extended and spread, may that my mind be filled with beautiful and benevolent thoughts.

[Seven priests: five senses, ego and intellect. Sacrifice: all activity of worshipping, harmonizing and sharing. All work is sacrifice, performed with these seven external and internal organs. Extended and spread: in our consciousness.]

That mind in which is sustained the knowledge of the Rigveda, the music of the Saamaveda, and the sacred deeds of the Yajur, like the spokes in the hub of a wheel, that in which is woven and interwoven all consciousness of all beings, may that my mind be filled with beautiful and benevolent thoughts.

[Rigveda: There are four Vedas – Rig, Yajur, Saama, and Atharva – revealed to the first Rishis by God in the beginning of human creation. These revelations contain the germs of all sciences.]

That mind which ever leads men like an expert charioteer controlling the reins of his horses, that which is heart-abiding, ever moving and the speediest of all forces, may that my mind be filled with beautiful and benevolent thoughts.